



The Kern Center

for Workforce and Community Education



*Discover.
Learn.
Grow.*

*Lifelong Learning
Awaits – Join Us Today!*



Lifelong
LEARNING

&

Life Scholars

Learning for the **JOY** of Learning

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Spring 2025



Discover your passion with a class through Terra State Community College's Community Education Programs.

All courses are non-credit, so there is no pressure – just FUN! From history, culture, arts, and fitness, there are so many possibilities.

Do you have a talent or area of expertise you wish to share? Call or email us to become a Lifelong Learning instructor!

****Please note that there is only one discount per registration.**

To Register

Email: Learn@Terra.edu

Phone: 419.559.2255

Online: Learn.Terra.edu (*Website*)
Facebook.com/LifelongLearningTSCC

Walk-in: Building B, Room 104
The Kern Center

Mail To: Terra State Community College
2830 Napoleon Road
Fremont, OH 43420

Lifelong Learning

Classes for any age adult

Fitness Multi-Class Discount:

Register for three or more fitness classes and receive a 15% discount. The three classes must be in the same registration.

Terra State Gracious Givers Volunteer Program

Terra State Community College has developed a volunteer program for all ages from teens through seniors. Whether you are in school and need to complete community service hours, looking for a way to give back to your community, or wanting to meet new friends, our volunteer program is a great opportunity. We have a variety of volunteer opportunities throughout the community education program, as well as, the College.

Opportunities and hours are flexible. You can sign up to be a volunteer by contacting the Community Education Coordinator at 419.559.2255 or emailing learn@terra.edu for more information.

Volunteer opportunities will be posted online at learn.terra.edu or in the Community Education office located in the Kern Center at Terra State.

Our Mission

Life Scholars at Terra State Community College is a peer-led group serving mature learners by broadening intellectual interests, physical activity, and social interaction. Our Mission is to create a climate that fosters interest and stimulates the thrill of lifelong learning.



Life Scholars

Classes for age 50 and better (ELC classes)

Life Scholars at Terra State Community College

Life Scholars is learning for the JOY of learning. Discover the joy of lifelong learning with other adults, age 50 and beyond, who share a common desire to learn. There are no tests or grades, just fun experiences for active adults, regardless of their educational background.

Life Scholars Membership (LSM)

There are many benefits to joining the Life Scholars program at Terra State Community College. Not only are you helping promote this wonderful program with your support, you will also receive the following:

- Discounts on classes and outings
- Special Event invitations
- Leadership opportunities on the committees

Memberships run from September through August (the time to renew is each fall, but memberships are accepted all year).

Cost: \$25 couple/\$15 single for Spring Discount ½ price membership January – August)

25SELC101: Membership Fee

Help the Endowment Grow!

The William P. Cunningham Endowment Fund helps to support the Life Scholars program. Contributions to this fund are invested and a portion of the interest is used each year to assist with operating costs and participant scholarships. Please consider making a tax-deductible donation, large or small, to assist us in building this fund and enhancing the program. For more information, please contact the Terra College Foundation at 419.559.2261.

Discover.
Learn.
Grow.

Life Scholars
Learning for the **JOY** of Learning

Life Scholar Committees

Life Scholars is such a success due to our members that give back by participating in one of our committees! If you are interested in being part of any committee, please contact Life Scholars at learn@terra.edu or 419.559.2255, or join us at a meeting and see what we are all about.

Executive Committee

Kathleen Nalley – Chair

Janet Door – Co-Chair

Carole Miller

Janet Myles

Curriculum Committee

Kathleen Nalley – *Executive Committee Representative*

Cheryl Laugherty

Janet Myles

Sue Babione

Travel Committee

Carole Miller – *Executive Committee Representative*

Cassie Molyet

Charlene Snyder

Publicity and Special Events Committee

Cheryl Magargle, *Chair*

Spring Committee Meetings

All committee meetings will be held in the conference room of Building B, Room 104, on Mondays from 2:30 p.m. - 3:30 p.m.

Executive Committee

2/3, 3/3, 4/7, 5/5

Curriculum Committee

2/10, 3/17, 4/14, 5/12

*closed 3/10 Spring Break

Travel Committee

Meets every other month as needed

Publicity and Special Events Committee

Meets as needed

1 Health & Wellness

Fitness

Not sure if you are ready to sign up for a whole session, try out any class for just \$7.00

If you decide to register for the whole session, we offer a discount on Fitness classes. If signing up for 3 or more fitness classes you can receive a 15% discount. The three classes must be in the same registration. Terra State students and employees can also take advantage of this discount if they register before the spring semester.

We are now a SilverSneakers® location; all Silver Sneakers members are welcome to attend classes here on the Terra State Community College campus. All fitness classes are open to adults 18 and over.

Fit for Life Body Works

Can you find 30 minutes to devote to yourself and your health? Tone, strengthen and add flexibility to your muscles with resistance type exercises using dyna-bands and hand weights to help prevent degenerative diseases. This class focuses on strengthening your core using not only the plank but a variety of exercises, which is the most important area to target for your overall health. Perfect for all ages and fitness levels.

Instructor: Debbie Gallagher, Certified Fitness Instructor
Location: Room D120

25SFIT01 Full Session: Mondays & Wednesdays,
February 3 – May 21
10:30 am – 11:00 am

Cost: \$140/\$135 Senior Citizen Rate
28 sessions

25SFIT02 Session 1: Mondays & Wednesdays, Feb 3 – March 31
10:30 am – 11:00 am

Cost: \$70/\$65 Senior Citizen Rate
14 sessions

25SFIT03 Session 2: Mondays & Wednesdays, April 2 – May 21
10:30 am – 11:00 am

Cost: \$70/\$65 Senior Citizen Rate
14 sessions

*No Classes on February 10 & 11

Balanced Body

This class focuses on the classic Mat Pilates with a blend of Qi Gong and Yoga poses. Participants will learn the techniques of the movement and the different breathing techniques with all three disciplines. This class is perfect for those who want to work on their core, reducing stress while increasing flexibility. YMCA & SilverSneakers® members welcome.

Instructor: Angie Schroeder, Nationally Certified in Pilates, Yoga and Qi Gong
Location: Room D120

25SFIT04 Full Session: Mondays January 6 – June 23 (20 wks.)
Cost: \$80 7:00 pm – 8:00 pm

25SFIT05 Session 1: Monday January 6 - March 31 (12 wks.)
Cost: \$40 7:00 pm – 8:00 pm

25SFIT06 Session 2: Monday April 7 – June 23 (12 wks.)
Cost: \$40 7:00 pm – 8:00 pm

*No classes on February 10 & 11

Cardio Sculpt

In this cycling class, we will mix cycling combinations with a variety of formats that will be sure to chisel the whole body! Participants will challenge their cardiorespiratory system, strength, and flexibility. YMCA & SilverSneakers® members are welcome.

Instructor: Angie Schroeder
Location: Room A205 Cycling Room

25SFIT07 Full Session: Thursdays
January 9 – June 19 (20 wks.)

Cost: \$80 5:00 pm – 5:50 pm

25SFIT08 Session 1: Thursdays
January 9 – April 3 (12 wks.)

Cost: \$40 5:00 pm – 5:50 pm

25SFIT09 Session 2: Thursdays
April 10 – May 29 (12 wks.)

Cost: \$40 5:00 pm – 5:50 pm

*No classes on February 10 & 11

Mat Pilates Plus

A dynamic, total body workout featuring classical Pilates exercises with and without small equipment and the wall. You'll strengthen your core, tone your hips and thighs, to name just a few areas we work on! Pilates is unique in that it's low-impact, and it combines heightened mental focus with precise, controlled movements that challenge your small and large muscles in a way other workout don't. YMCA & SilverSneakers® members are welcome.

Instructor: Angie Schroeder, Nationally Certified in Mat Pilates

Location: Room D120

25SFIT010	Full Session: Thursdays January 9 – June 19 (20 wks.) Cost: \$80	10:00 am -10:45 am
25SFIT11	Session 1: Thursdays January 9 – April 3 (12 wks.) Cost: \$40	10:00 am - 10:45 am
25SFIT12	Session 2: Thursdays April 10 – June 19 (12wks.) Cost: \$40	10:00 am – 10:45 am

* No Classes on February 10 & 11

Hatha Yoga

Hatha Yoga can help you feel healthier, reduce stress, enhance focus, tone muscle and improve flexibility. From beginner to intermediate, everyone can benefit from this class. Learn to balance the mind, body and spirit, while gaining knowledge about yoga, their sequences, movements, breathing and more! YMCA & SilverSneakers® members welcome.

Instructor: Angie Schroeder, Certified Instructor

Location: Room D120

25SFIT13	Full Session: Tuesdays January 7 – June 24 (20 wks.) Cost: \$80	10:00 am – 10:50 am
25SFIT14	Session 1: Tuesday January 7 – April 1 (12 wks.) Cost: \$40	10:00 am – 10:50 am
25SFIT15	Session 2: Tuesday April 8 – June 24 (12 wks.) Cost: \$40	10:00 am – 10:50 am

*No class on February 10 & 11

SilverSneakers® Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. YMCA & SilverSneakers® members welcome.

Instructor: Amber, Senior Fitness Instructor

Location: Room D120

25SFIT16	Full Session Tuesdays January 7 – June 24 (20 wks.) Cost: \$80	10:00 am – 10:45 am
25SFIT17	Session 1: Tuesdays January 7 – April 1 (12 wks.) Cost: \$40	10:00 am – 10:45 am
25SFIT18	Session 2: Tuesdays April 8 – June 24 (12 wks.) Cost: \$40	10:00 am – 10:45 am

*No class on February 10 & 11



3 Health & Wellness

Tone & Sculpt

Functional strength training utilizing resistance exercises to better equip you to handle daily feats of strength and athleticism. Improve movement efficiency, coordination & mobility, and increase lean muscle mass to take on the physiological demands of real-life activities. YMCA & SilverSneakers® members welcome.

Instructor: Amber, Senior Fitness Instructor. Location: Room D120

25SFIT19	Full Session: Thursdays January 9 – June 19 (20 wks.) Cost: \$80	9:00 am – 9:45 am
25SFIT20	Session 1: Thursdays January 9 – April 3 (12 wks.) Cost: \$40	9:00 am – 9:45 am
25SFIT21	Session 2: Thursdays April 10 – June 19 (12 wks.) Cost: \$40	9:00 am – 9:45 am

*No Classes February 10 & 11

Dancefit

This fun and energizing class is set to high energy music with easy to follow steps. Ashley combines cardio, strength and balance all while having fun! YMCA & SilverSneakers® members welcome.

Instructor: Ashley

25SFIT21	Full Session: Tuesdays January 7 – June 24 Cost: \$80	5:45 pm – 6:30 pm
25SFIT23	Session 1: Tuesdays January 7 – April 1 Cost: \$40	5:45 pm – 6:30 pm
25SFIT24	Session 2: Tuesdays April 8 – June 24 Cost: \$40	5:45 pm – 6:30 pm

*No Classes February 10 & 11

Yoga with Ashley

Participants will receive a total body reset and recharge in 45 minutes! In this Yoga class, Ashley focuses on breath work, low impact strength poses and balance poses. Each class will end with meditation and relaxation. YMCA & SilverSneakers® welcome.

Instructor: Ashley

Location: Room D120

25SFIT25	Full Session: Tuesdays January 7 – June 24 Cost: \$80	6:30 pm – 7:15 pm
25SFIT26	Session 1: Tuesdays January 7 – April 1 Cost: \$40	6:30 pm – 7:15 pm
25SFIT27	Session 2: Tuesdays April 8 – June 24 Cost: \$40	6:30 pm – 7:15 pm

*No Classes February 10 & 11



Evening Yoga with Stacie

It's no secret that as we age, we lose flexibility and stability. Fight back and stay limber in this great class. This class moves at a comfortable pace for all fitness levels and you will be amazed at how great you feel afterwards. As you progress through the different poses, Stacie will give you pointers on form and help guide you towards your fitness goals. Great for everyone, from newbies to pros!

Instructor: *Stacie Marquart, Fitness Instructor*

Location: *D120*

25SFIT28 Full Session: Mondays, February 3 – May 26
5:30 pm - 6:30 pm 14 sessions
Cost: \$80

25SFIT29 Session 1: Mondays, February 3 – March 31
5:30 pm – 6:30 pm 7 sessions
Cost: \$40

25SFIT30 Session 2: Mondays, April 7 – May 26
5:30 pm – 6:30 pm 7 sessions
Cost: \$40

*No Classes: March 10, April 28

ZUMBA®

Zumba® is a fitness program that combines Latin and International music with dance moves. Zumba® routines incorporate interval training alternating fast and slow rhythms to help improve cardiovascular fitness. Zumba boosts heart health and helps de-stress. You don't need to be a great dancer to feel welcome in a Zumba class. With the tag line, "Ditch the Workout, Join the Party," the classes emphasize moving to the music and having a good time, no rhythm required. We now offer Full Series for this fitness class.

Instructor: *Johanna Mackey,*

Certified Zumba® Instructor

Location: *Room D120*

25SFIT31 Full Series: Wednesdays, February 5 – May 21
6:30 pm – 7:30 pm 16 sessions
Cost: \$90

25SFIT32 Session 1: Wednesdays, February 5 – March 26
6:30 pm – 7:30 pm 8 sessions
Cost: \$45

25SFIT33 Session 2: Wednesdays, April 2 – May 21
6:30 pm – 7:30 pm 8 sessions
Cost: \$45

*No classes: February 10 & 11



5 Arts & Crafts

Canvas Painting "Spring into Painting"

Variety of designs, unique techniques and easy to follow step-by-step instructions. Paint along with Carol as she demonstrates how to begin and finish these stunning pictures. All materials will be supplied by the instructor including the use of her brushes. *Don't forget to bring a covered box to fit your 11x14 canvas in as it may still be wet when you take it home.

Instructor: Carol Hoffman, CDA BFA

25SCFT01

Saturday, February 15

9:00 am – 12:00 pm

Bald Eagle

11x14 canvas, included pre-mixed paints

Cost \$45

25SCFT02

Saturday, March 1

9:00 am – 12:00 pm

Snow Scene

11x14 canvas, includes pre-mixed paints

Cost \$45

25SCFT03

Saturday, March 22

9:00 am – 12:00 pm

Undisturbed Birch Trees in Winter

11x14 canvas, includes pre-mixed paints

Cost \$45

25SCFT04

Saturday, April 12

9:00 am – 12:00 pm

Ocean Scene

11x14 canvas, includes pre-mixed paints

Cost \$45

25SCFT05

Saturday, May 10

9:00 am – 12:00 pm

Daisies in French matt

11x14 canvas, includes pre-mixed paints

Cost \$45

25SCFT06

Saturday, May 24

9:00 am – 12:00 pm

Mountain Landscape

11x14 canvas, included pre-mixed paints

Cost \$45



25SCFT01
Bald Eagle



25SCFT02
Snow Scene



25SCFT03
Undisturbed Birch Trees



25SCFT04
Ocean Scene



25SCFT05
Daisies in French matt



25SCFT06
Mountain Landscape

Beginning Pastels

Learn the different types of pastels (*not oil pastels) and the paper used in painting. All supplies are provided. Take home a nice picture, too! Join Alice Holly as she guides you to learning the art of Pastels.

Instructor: Alice Holly

25SCFT08

Wednesday, February 19

10:00 am – 12 Noon

Cost: \$20 nonmembers/\$15 members

Bring Your Own Brush

Do you love to paint with watercolors and share your knowledge with others? Join our watercolor workshop to learn techniques from your colleagues, relax and have fun creating! This is not an instructor-led workshop.

25SCFT09

Every Friday

January 5, 2025 - August 29, 2025 9:00 a.m. – 12:00 p.m.

Cost: \$10

Hidden in Plain Sight

Explore topics ranging from the Salem Witch Trials through the Spanish flu. These stories have long gone astray and will be brought back to reveal the unique circumstances surrounding their place in history.

Instructor: Mike Gilbert

25SELC01 Tuesday, April 22
10:00 am – 11:30 am

Cost: \$20 nonmember/\$15 members

Northwest Ohio Stories

Murderers, gangsters, and heroes abound in these exciting tales of Northwest Ohio. Listen to the stories of these men and women who took center stage in these remarkable events.

Instructor: Mike Gilbert

25SELC02 Tuesday, March 4
10:00 am- 12:00 pm

Cost: \$20 nonmember/\$15 members

The Battle of Fort Stephenson

This PowerPoint presentation will show the events leading up to the battle, the battle itself, and the aftermath that ended any further British attempts to occupy American soil and prevent our western expansion. Learn more about this under-appreciated decisive battle that took place right here in Fremont on the site of Birchard Library.

Instructor: Larry Michaels

25SELC03 Monday, February 24
10:00 am – 11:30 am

Cost: \$15 nonmember/\$10 members

150 Years of the Sandusky County Historical Society

Organized in 1874 by Rutherford Hayes and other prominent Fremont leaders to celebrate the history of the county back to the earliest pioneers before 1830, the historical society is still going strong today, located in its museum at 514 Birchard Avenue. This PowerPoint presentation will highlight the many events, programs, and people that helped preserve the long and interesting history of Sandusky County.

Instructor: Larry Michaels

25SELC04 Monday, March 17
10:00 am – 11:30 am

Cost: \$15 nonmember/\$10 members

President Hayes' Western Tour

This tour was the first time a sitting U.S. president traveled to the West Coast. General William Tecumseh Sherman organized the 71-day journey at the president's request. President Hayes, the First Lady, and their entourage visited not only California, Oregon, and the Washington Territory, but the southwest as well. The aim of this venture was to not only help reunite a nation still dealing with sectional issues after the Civil War, but also to consolidate presidential power. In this lecture led by Hayes Historian Joshua Dubbert, learn about who accompanied the president, the cities and towns visited, and the types of activities that took place during this fascinating historic voyage."

Instructor: Josh Dubbert

25SELC05 Monday, April 7
3:30 pm – 5:30 pm

Cost: \$25 nonmember/\$20 member

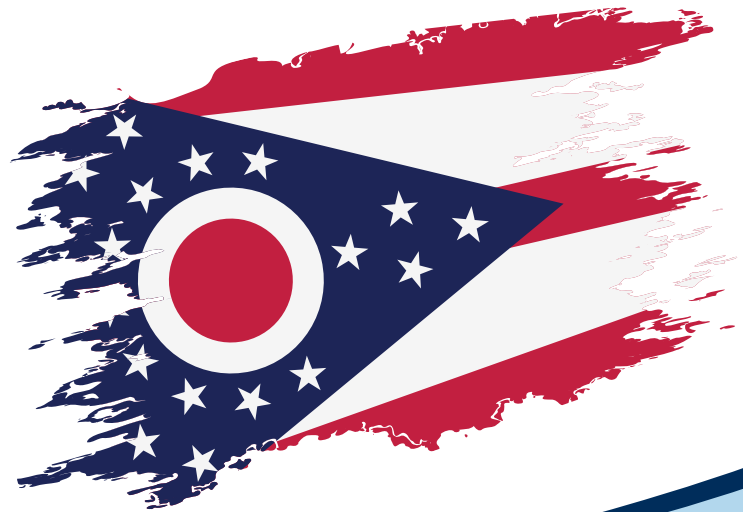
Mothers of Presidents

Mothers can be very influential in the lives of their successful children. Learn how women such as Sara Delano Roosevelt, Rose Fitzgerald Kennedy, Dorothy Ayer Gardner Ford, Dorothy Walker Bush, Barbara Bush, and others left a substantial impact on the nation by raising a future President.

Instructor: Kathleen Nalley

25SELC06 Thursday, April 10
10:00 am – 11:30 am

Cost: \$25 nonmember/\$20 member



7 History & Culture

From Chains to Community: The 19th Century History of Freedom Seekers in Clyde, Ohio

Discover the lives of eight remarkable African American men and women who rose from the bonds of slavery to find freedom, purpose, and a place to call home in Clyde, Ohio. This engaging program reveals the journeys of those who escaped enslavement or served courageously in the U.S. Colored Troops during the Civil War, each leaving a largely unknown history in the local community. Through a PowerPoint presentation, discover how these freedom seekers contributed to Clyde's history and heritage, building lives grounded in resilience and hope. Register for this program to learn about and explore their exciting stories in the pursuit of equality and freedom.

Instructor: Gene Smith

25SELC07 Thursday, February 13
1:00 pm – 3:00 pm

Cost: \$25 nonmember/\$20 member

A Grave Conspiracy: Unraveling the Myths of General James B. McPherson's Final Resting Place

Come and dive into the swirling rumors and false conspiracies surrounding the disinterment and re-internment of General James B. McPherson, a Civil War hero hailing from Clyde, Ohio. This engaging program explores the erroneous persistent tales that claim McPherson's remains were secretly disinterred and relocated—in a covert reburial in Washington, D.C. in the late 1860's and an alleged reburial to Nebraska in 1906. Through archival evidence, witness accounts, and local lore, we'll unpack how these myths emerged, the role they played in shaping public memory, and what they reveal about the public's fascination with preserving the final resting places of national icons. Join us in separating facts from fiction and rediscovering the truth behind these mysterious tales.

Instructor: Gene Smith

25SELC08 Thursday, March 20
1:00 pm – 3:00pm

Cost: \$25 nonmember/\$20 member

Reflections on Desegregation in the South (1954-2024)

In this course, the instructor/speaker will discuss her book, *Split-Shift: Busing and Desegregation*. In 2024, the country observed the 70th anniversary of *Brown v. Board of Education*. The court order asked that states comply with "all deliberate speed" to integrate Black and White public schools. Some states did not move quickly at all. Some districts/schools are still segregated by race, economic status, and geographical locations. How can this be in 2025? What were the pros and cons of desegregation? How are lives affected?

Instructor: Dr. Regina Vincent Williams, Author

25SELC09 Wednesday, April 23
1:00 pm – 3:00 pm

Cost: \$25 nonmember/\$20 member

The Civil War Veteran Experience

After four years away at war, veterans of the Civil War were tasked with resuming their lives as civilians. However, for many it was not as simple as picking up where they left off. Some had physical disabilities that affected their ability to work. Others struggled to cope with their war experience and turned to substance abuse. Many felt the country was beginning to forget their sacrifice, so they formed fraternal orders with other veterans like the Grand Army of the Republic which became highly influential in American politics and culture.

Instructor: Kevin Moore, Hayes Presidential Center

25SELC10 Tuesday, February 11
3:00 pm – 5:00 pm

Cost: \$20 nonmembers/\$15 members

The Sandusky River, a Local Treasure

Join us for a trip up and down Fremont's greatest natural resource. We will travel back in history and consider the future. Floods, spills, dams, rapids, recreation, wildlife, cottages and many other aspects will be covered in this trip along the banks of the Sandusky River.

Instructor: Jon Detwiler

25SELC39 Wednesday, February 5
10:00 am – 11:30 am

Cost: \$20 nonmember/\$15 member



The Wonders of Warblers

Each Year, these marvelously colored birds make the extraordinary migration from as far as Central America to Canada and Alaska. Along the way, they make many stops in northern Ohio to refuel before crossing the lake and continuing their perilous journey. Northwest Ohio is known as “The Warbler Capital of the World” and each May, birders from all over the world come to see these amazing little birds. Learn what makes them so interesting and why birders love them in “The Wonders of Warblers.”

Instructor: Rob Swindell, J.D., M.B.A., B.S., President, Black River Audubon Society

25SHOB11 Wednesday, May 7
3:00 pm – 5:00 pm

Cost: \$20 nonmembers/\$15members

The Truth Is “Probably” Stranger Than the Movie: First Artist’s “Agatha”

Agatha Christie is perhaps the most prolific author of murder mysteries of our lifetime. Having written 66 novels, 14 short story collections, and at least 20 plays, she has certainly earned the right to be called “The Queen of Crime.” But her most baffling mystery of all was fact, not fiction. We are referring to her notorious disappearance on Friday, December 3, 1926. The entire British Police Force was mobilized in a massive search. Ten days later, she was found. To this day, the case is still unsolved. We’ll take a look at this Great Lady’s life, her incredible talent, her memorable detectives and explore what might have happened during her 11-day disappearance, including new evidence. Lastly, we’ll introduce you to the first fictional account of what “might have happened” during her disappearance. The book “Agatha,” was written by Kathleen Tynan in 1978 and became a movie starring Vanessa Redgrave and Dustin Hoffman in 1979. Looks like it’s Mystery Movie Night at Terra!! See you there!

Instructor: Kent McClary

25SHOB12 Wednesday, April 9
10:00 am – 12 Noon

Wednesday, April 16 (Mystery Movie)
10:00 am – 12 Noon
Cost: \$25 nonmember/\$20 member

Cedar Point: Rolling Through the Years

If you talk with someone today and mention Cedar Point, they will immediately think of Roller Coasters. With good reason. Cedar Point has set more records, holds more records, and has been the Roller Coaster Capital of the World for decades. But it hasn’t always been that way. Cedar Point a hundred and fifty years ago had roller coasters. And Ferris Wheels. And Carousels. And Haunted Houses. But it wasn’t the focus. Meet with Cedar Point historian and author Ken Miller as he follows the development of the resort from a simple beach playground to the world-famous destination.

Instructor: Ken Miller, Historian, Author

25FHOB13 Tuesday, April 15
10:00 am – 12 noon

Cost: \$20 nonmembers/\$15 members

Bird Conservation

This presentation will look at the almost 3 billion birds we have lost since 1970—why it is happening and what we can do about it. Join Rob Swindell, Executive Director Black River Audubon Society.

Instructor: Rob Swindell, Executive Director Black River Audubon Society, Winging It Columnist, Chronicle-Telegram

25SHOB14 Tuesday, March 18
3:00 pm – 5:00 pm

Cost: \$20 nonmembers/\$15 members



9 Life Scholars Special Events

Life Scholars Spring Sampler

Please join us for this wonderful celebration of the Life Scholars' program at Terra State Community College. There will be a sampling of our courses planned for this spring. To reserve your seat, please call us at 419.559.2255 or email. Registration is required – the last day to register is January 16. Assorted desserts and beverages will be provided.

25SELC12 Thursday, January 23
10:00 am – 12:00 pm

Cost: \$8

Eileen Perry Learning Table

Join us for our monthly luncheon and discussions. This special series is being provided at no cost due to the generosity of the family in remembrance of Eileen Perry. The learning table is held on the second Monday of each month. Lunch is provided. Registration is required so that we know how many to prepare for lunch. For more information on the upcoming schedule, visit our website at learn.terra.edu or call us at 419.559.2255.

25SEPL01 Monday, February 10
Sandusky County Humane Society
12 pm – 1 pm

25SEPL02 Monday, March 3
Kendra Horn Nutritionist
12 pm – 1 pm

25SEPL03 Monday, April 14
Sandusky County Economic Dev. Corp
12 pm – 1 pm

25SEPL04 Monday, May 12
Pat Gerber 10 Warning Signs of Alzheimer's
12 pm – 1 pm



All Write! All Write!! All Write!!!

A group of writers who meet to share their writing, explore new genres, entertain guest writers, and share duties of facilitating meetings. Group meets weekly, planning the schedule by month. Meetings include reading, writing on a provided prompt, and sharing a learning topic. Group meets the first and third Friday of the month. (Life Scholars writing group).

25SELC13 Jan. 3rd is the first meeting of 2025
(then meets every other week)
1:00 p.m. – 2:30 p.m.

Cost: \$15 non-member/\$10 members

Fun with Poetry

Reading and discussing poetry can be both enlightening and enjoyable, even if you're not a masochist, as many Life Scholars have learned. This two-session class will again tackle a number of new poems by several different poets. Poetry is really just language set to music in an almost unlimited variety of ways to communicate thoughts and feelings with one another. The aim of the class is to learn more about the lives of some good poets and how their poems were written, so that we can appreciate them more. And hopefully you'll discover it really can be fun!

Instructor: Larry Michaels

25SELC14 Mondays, February 24 and March 17
1:00 pm – 2:30 pm

Cost: \$15 nonmembers/\$10 members

Books for Your Bucket List

So many books...so little time! How do you choose your next book/books? Do you follow a favorite author? Wait impatiently for his/her next release? Are you checking the best seller lists and making your own? Do you peruse the 100 Best Books: list from PBS or other sources? Do you have a favorite genre? Wait for your friends or book clubs to decide for you? What about all those classics you have always wanted to read? How much does your mood or life stage play into a book selection?

Kathleen is an avid reader and member of a number of book clubs with an interest in what books to realistically add to her bucket list of books. Come for a lively discussion of books, popular authors, and leave the class with your own updated list!

Instructor: Kathleen Nalley

25SELC15 Tuesday, March 25
10:00 am – 11:30 am

Cost: \$15 nonmembers/\$10 members

Writing is Therapy – By God's Grace

As a self-published author of 14 books, Dr. Regina Vincent Williams is generally able to compile a book easily. In her explanation of writing, she explains "I generally am able to compile a book easily because I write to soothe my own soul." In her words, "What comes out, in my view, is what God wants me to share with others—comfort when they go through similar situations." The poetry she writes could be read or identified with both men and women and people of all ages. Who hasn't had their heart broken at one time or another? But how do we heal?

Instructor: Dr. Regina Vincent-Williams, Author

25SELC16 Wednesday, April 16
1:00 pm – 3:00 pm

Cost: \$20 nonmembers/ \$15 members



The Life of Herman Melville

Herman Melville was born in 1819 and died in 1891. He was a novelist, short story writer, and a poet of the American renaissance period. (1830 – Civil War). His best-known work is *Moby-Dick* published in 1851. At the time of his death, Melville was not well known to the public; but 1919, the centennial of his birth, was the starting point of a Melville revival. *Moby-Dick* eventually would be considered one of the great American novels. He worked many jobs, supporting his family, writing for magazines, clerking in his brother's store, and sometimes teaching. After reading a magazine article about hunting for a great white whale named Mocha Dick, he traveled to new Bedford, Massachusetts and signed on as a green hand on a new whaling ship, the *Acushnet*. He later was given an account of the whaler, *Essex*. *Essex* was a whaling ship from Nantucket, Massachusetts. On November 20, 1820, while at sea in the southern Pacific Ocean the ship was attacked and sunk by a sperm whale about 2,000 nautical miles from the coast of South America: the 20-man crew was forced to make for land in three whaleboats with what food and water they could salvage from the wreck. After a month at sea the crew landed on an uninhabited island. Three men elected to stay on the island, from which they were rescued in April 1821, while the remaining seventeen set off again for the coast of south America. The men suffered severe dehydration, starvation and exposure on the open ocean, and the survivors eventually resorted to cannibalism. By the time they were rescued in February 1821, three months after the sinking of *Essex*, only five of the seventeen were alive. His personal experience at sea and the story of the *Essex* became the basis of his novel *Moby-Dick*.

Instructor: Dan Baker

25SELC17 Tuesday, April 15, 22
4:00 pm – 6:00 pm

Cost: \$20 nonmembers/\$15 members



Write Your Story: A Beginner's Guide to Starting Your Book

Have you always dreamed of writing a book but weren't sure where to start? In this interactive 90-minute session, you'll learn the foundational steps to turn your ideas into a compelling story while receiving valuable peer feedback to refine your vision. Whether you're interested in writing fiction, a memoir, or a non-fiction book, this class will guide you through brainstorming techniques, understanding the elements of story structure, and addressing common writing challenges. You'll also explore practical tools and resources designed to keep you motivated and organized. By the end of the session, you'll have the confidence and clarity to take the first steps in crafting your unique story and sharing it with the world.

Instructor: Heather Hines, Author/Creator/Storyteller, Keystone Imaginings—Founder & Owner, Freelance Writer

25SELC17 Wednesday, February 26
2:00 pm – 3:30 pm

Cost: \$25 nonmembers/\$20 members

Elevate Your Story: Advanced Strategies for Developing Your Book

Take your writing to the next level in this advanced 90-minute session designed for writers ready to dive deeper into the art of storytelling. Building on the foundational skills taught in "Write Your Story: A Beginner's Guide to Starting Your Book," this course focuses on refining your narrative through advanced techniques in character arcs, plot development, pacing, and world-building. Learn how to identify and fix weak points in your manuscript, create emotionally resonant scenes, and weave subplots seamlessly into your main story. Through targeted exercises, group discussions, and personalized feedback, you'll gain the tools to elevate your draft into a compelling and polished work. This session is perfect for writers with a work-in-progress or those looking to enhance their storytelling skills. Join us to explore the nuances of advanced storytelling and take your book one step closer to publication!

Instructor: Heather Hines, Author/Creator/Storyteller, Keystone Imaginings—Founder & Owner, Freelance writer

25SELC18 Wednesday, April 2
3:00 pm – 4:30 pm

Cost: \$25 nonmember/\$20 members

Life After Power

A presentation of Life After Power. Jared Cohen explores the lives of seven presidents after leaving the White House. He tells of how they went from President of the United States one day, to ordinary citizens the next. He tells how they handled very human problems of ego, finances, and questions about their legacy and mortality.

Instructor: Ted Miller

25SELC19 Wednesday, March 19
1:00 pm – 3:00 pm

Cost: \$20 nonmembers/\$15 members

The Bookshop

A presentation on The Bookshop, a history of the American Bookstore by Evan Fries. He covers bookstores from Ben Franklin until the present. To paraphrase Mark Twain, "The notice of the demise of the bookshop is premature."

Instructor: Ted Miller

25SELC20 Wednesday, March 26
1:00 pm – 3:00 pm

Cost: \$20 nonmembers/\$15 members

The Music of the British Invasion

This presentation covers the history of the British Invasion and the music it brought. The British Invasion music era of the 1960's was an international phenomenon that dominated popular music. Hailing from England, this era in music brought The Beatles and other such influential hitmakers as The Who, the Rolling Stones, The Animals and many others. This presentation will cover the history of the artists and influencers of the British Invasion of the 1960's and highlight how this musical era is connected to myths, icons, rituals, stereotypes and heroes.

Instructor: Dr. Matthew Donahue, Professor for the Department of Popular Culture at BGSU

Dr. Matthew Donahue is a Teaching Professor for the Department of Popular Culture at Bowling Green State University, where he specializes in courses related to popular music and popular culture. Dr. Donahue is also an artist, musician, filmmaker and writer and uses popular culture as the basis of his inspiration. He has lectured on topics related to popular music and popular culture throughout the United States, Canada, India and Ireland.

25SELC21 Monday, February 17
11:00 am – 12:30 pm

Cost: \$25 nonmembers/\$20members

Lifelong Learning Book Club

Do you love examining great books? Join us for the Lifelong Learning Book Club! Each month, we will examine a new book, and go through several discussion questions that help us delve deeper into the book and topics presented. The discussions are led by a new person each month to ensure a variety of topics. Since the club meets during lunchtime, be sure to bring your lunch or snack! You only have to join the club once to attend the entire year; the year starts in September 2024 and concludes in August 2025. It is not too late to join, sign up today.

January: *A Fever in the Heartland: The Ku Klux Klan's Plot to Take Over America, and the Woman Who Stopped Them* by Timothy Egan

February: *Master, Slave, Husband, Wife: An Epic Journey from Slavery to Freedom* by Ilyon Woor

March: *Inseparable: The Hess Twins' Holocaust Journey through Bergen-Belsen to America* by Faris Cassell

April: *A Gentleman in Moscow* by Amor Towles

May: *Trust* by Hernan Diaz

June: *Memory Man* by David Baldacci

July: *Tom Lake* by Ann Patchett

August: *The Little Liar: A Novel* by Mitch Albom

September: *Demon Copperhead: A Novel* by Barbara Kingsolver

25SELC23 Meets on the Fourth Friday of every Month
11:00 am – 12 Noon

Cost: \$20 nonmembers / \$10 members

Terra State Community College Music Ensembles

Did you know that Terra State Community College offers a wide variety of music classes, ensembles, and recording sessions? Check out some of the great opportunities for community members. There is more information on our website at terra.edu/community.

Terra State Music Academy Private Lessons

The Terra State Music Academy offers high-quality musical training for all ages. We offer two different lesson packages to help fit your schedule and needs, you can choose from 8 lessons for 30-minute each; cost \$200, or 6 lessons for 30-minute each cost; \$100 and any additional 30 minutes lessons \$25. Lessons are held at Terra State and can be arranged to fit your schedule. For more information, or to register for lessons, call 419-559-2153 or email music@terra.edu. There are no discounts on private music lessons.

Terra Ensembles

Do you love to play an instrument or sing? Did you know that Terra State has numerous music ensembles that community members can participate in including brass choir, symphonic band, percussion ensemble, Terra Choral Society, symphony orchestra, and chamber strings? Ensembles meet once per week for rehearsal each semester and, generally, each group participates in at least one performance per semester. For more information, call 419-559-2153 or email music@terra.edu.

Terra State Recording Studio

Are you looking for somewhere to record your voice over or musical talents? Check out the state-of-the-art recording studio at Terra State Community College. This is a great opportunity to produce commercials, radio programs, movie trailers and music recordings. Studio services available include production, recording, mixing, mastering, and digital transfer. The facility is also equipped with in-house musicians and personnel to help artists create projects from beginning to end. For more information, pricing, or to book recording studio time, please contact the Terra State Music Department at 419-559-2153 or email music@terra.edu.



Cost: \$25 nonmembers/\$20 members

Nuclear Power: Climate Savior or Unrealistic Dream

Of the many proposed solutions to the problem of dealing with climate change, increasing the use of nuclear power is being considered for many reasons. The production of electricity by the radioactivity decay of uranium produces no greenhouse gases so does not affect the climate. In the United States we have successfully used this process in approximately 100 reactors spanning fifty years. There is a considerable amount of uranium in the United States and several other countries. However, there are reasonable concerns about the safety of this technology, and, quite importantly, at present we have no high-level nuclear waste storage facility in our country. This course will consider the history of nuclear power, review the major nuclear accidents, and summarize newer systems designed to utilize this valuable resource at a time when we desperately need non-fossil fuel sources of energy. This will include studying a Bill Gates funded unit now under construction and plans for related units for which Google has invested for some of their power.

Instructor: Andy Jorgensen, Professor Emeritus of Chemistry at the University of Toledo and worships in an Episcopal pew.

25SELC26

Tuesday, April 1 & 8
1:00 pm – 3:00 pm

Cost: \$15 nonmembers/\$10 members

Nonviolent Movements Then & Now

Nonviolent resistance has overcome oppression and even authoritarian rule in notable movements of the 20th century. We'll examine examples from the U.S. civil rights movement, Gandhi's campaign for India's Independence, the mass boycott campaign against South African apartheid, and more. Then we will fast forward to the 21st century to ask ourselves what possibilities and pitfalls await current nonviolent mass movements to oppose oppressive systems and sustain democracy.

Instructor: Josie Setzler, Nonviolent educator and activist

Science & Religion

This course will examine various views on the relationship between Science and Religion. It is based primarily on the ideas expressed in the Ian Barbour book, *When Science Meets Religion: Enemies, Strangers, or Partners?* Barbour categorizes this relationship into four paths: Conflict, Independence, Dialogue and Integration. He then places major ideas in the context of each of these paths: creation, evolution, quantum physics, genetics and the influence of God with nature. He cites some key ideas of individuals in each of these paths. Reading the book is recommended, but not required. This course will be a review of a preceding course offered in this program, and an expansion into additional areas and authors. One need not have taken the previous course for this one to be valuable.

Instructor: Dr. Andy Jorgensen, Professor Emeritus of Chemistry at the University of Toledo and worships in an Episcopal pew

25SELC24

Tuesday, April 1 & 8
10:00 am – 11:30 am

Cost: \$30 nonmembers/\$25 members

U.S. Constitution

This spring Sara and Randy will kick off the discussion on different amendments of the Constitution and how they impact us today.

Instructors: Sara Sherick, Randy Hoffman



25SELC27

Tuesday, May 7
10:00 am – 11:30 am

Cost: \$20 nonmembers/\$15 members

Cost: \$20 nonmembers/\$15 members

Let's Talk About Palestine

With tensions rising across the Middle East over the past year, this class will offer context on what seems to have been a catalyst for recent unrest across the region: The Palestine-Israel Conflict. We will go through a crash course of the last century of history in the region that will provide valuable context to the horrific events of October 7th, 2023, and all the atrocities that have followed. Aside from the history that led us to the current humanitarian catastrophe unfolding in Gaza and the West Bank, we will get a glimpse into the everyday life of Palestinians living under Israeli Occupation as well as the effects felt by Palestinians living abroad. Come ready with questions and an open mind for this sometimes difficult, but all too necessary conversation on the worlds longest ongoing military occupations and the important role we play in it right here in the United States.

Instructor: Youseff Baddar

25SELC28

Thursday, April 24
10:00 am – 12 Noon

Debate

Debate is a formal, organized discussion of a statement, proposition, resolution, or other issue. This may involve two individuals or groups or, as in parliamentary debate, multiple positions. Debate is usually organized according to specific rules governing the number of speakers, the order of speakers, and the parameters of the debate.

Public debate is dependent upon the observance of accepted rules of procedure, including time limits, factual and topical data/information, clear lines of argument, and summaries of each debater's position.

Our session will introduce the basic rules of debate, an overview of historical examples of debate, and the application of debate in contemporary situations.

Instructor: Dan Henning, Everyday Productions-YouTube

25SELC39

Wednesday, February 12
10:00 am – 11:30 am





Cost: \$20 nonmembers/\$15 members

Cutting the Cord

Are you feeling overwhelmed with all the options for watching TV and movies in your home or on your favorite device? With over 200 streaming options, the choices can be difficult. We will cover some of the most popular streaming services and the hardware you need to watch them. This will include everything from free apps to services with a monthly subscription. We will also look at whether getting a TV antenna might be a viable option to get local channels for free.

Instructor: Tim Wasserman

25SELC29

Friday, March 7
9am -- 11am

Cost: \$25 nonmembers/\$20 members

Windows 11 Basics

Microsoft will be updating to Windows 11. Tim will talk about the changes, and guide users through the changes.

Instructor: Tim Wasserman

25SELC30

Friday, April 19
9am -- 11am



Cost: \$25 nonmember/\$20 members

American Heart Association: CPR & BLS Certification

This course is for healthcare professionals or anyone who needs to know how to perform CPR, as well as, other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. In the classroom, students participate in simulated clinical scenarios and learning stations while working with an American Heart Association Basic Life Support instructor to complete BLS skills practice and skills testing. Students also complete a written exam. An AHA BLS for Healthcare Providers Course Completion card is valid for two years.

Spring Dates Coming Soon! Contact our office for more information!

American Heart Association: Heartsaver® First Aid

The Heartsaver® First Aid course trains participants first aid basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform lifesaving skills. This class is for anyone with limited or no medical training who needs to know how to perform CPR and First Aid, as well as, other lifesaving skills to meet a job requirement.

Spring Dates Coming Soon! Contact our office for more information!

Motorcycle Ohio Safety Training Course

Terra State Community College in partnership with the Ohio Department of Public Safety (ODPS) is pleased to offer Motorcycle Ohio safety training. Basic Rider courses are offered April through October. The Basic Rider Course (BRC) is recommended for beginning riders. If you already ride, but have never taken a safety course, the BRC also includes many tips and practices for riders with intermediate skills regardless of how many years/miles you have ridden. Students who successfully complete the Motorcycle Ohio Basic Rider Course (BRC) will have the State of Ohio skill test waived and will receive their motorcycle endorsement or license upon presenting their BRC Course Completion card to a Deputy Registrar (Bureau of Motor Vehicles). Students must have a valid TIPIC (Temporary Instruction Permit Identification Card) or endorsement to register and attend the Basic Rider Course. Classes fill quickly, so make plans now and register early. Students must pay a non-refundable registration fee of \$50. To see a complete schedule or register for the Motorcycle Ohio training course, visit www.motorcycle.ohio.gov. ***If you have questions, please call Rob Brookman, Terra State's***

419.559.2110.

CDL Training

Truck drivers are in high demand! Terra State & Trainco Truck Driving School's partnership means you can get your CDL training and earn college credits for Terra State at the same time. Classes will be offered at Terra State Community College with on-the-road and skills training at Trainco's Perrysburg campus. Transportation from Terra will be provided. Trainco, in collaboration with Terra State Community College, provides its participants access to college credits. Each participant receives 6.5 college credits for Truck Driving and Shop Truck Operations that can be used toward a degree at Terra State.

For more information, contact Tammy at Trainco at Tdeselms@traincoinc.com or 419.837.5730.

Ohio Real Estate Licensing

In partnership with Hondros College, Terra State offers online Ohio Real Estate license courses that can be completed on your own schedule.

Visit terrastatecc.fastclass.com for more information, or call us at 419.559.2464.

State Tested Nursing Assistant Training (STNA) – A Terra State and Fostoria Learning Center Partnership

STNA's are in high demand in our area! After completing this course, students will be prepared to take the State written and competency exam. The state exam fee of \$104 is not included in the cost of this class. Before the first day of class, students must read and sign a code of conduct contract to be officially registered. This is a 76-hour class: 60 hours are held at Fostoria Learning Center over a three-week period. Clinicals are held at a local healthcare facility; the 16 hours will be on one weekend, both Saturday and Sunday. A four-hour review will be held the evening before the state test.

Call us at 419.559.2464, or check online at terra.edu/Kern for dates. Cost: \$850.00

Terra State offers a wide variety of additional professional development and career training programs, both in-person and online. The offerings are limitless! For additional information, please visit our website at terra.edu/community/kern Center.

Social Security Workshops

Seize Today. Secure Tomorrow. "One Size Fits All" works for Life Vest, not Retirement Plans. Join me to get some answers to the most common questions about your benefits. This class will be a great resource for you as you approach retirement and decide how you want to claim your Social Security Benefits. Great for ages 45 and older.

Instructor: Patricia Gerber

25SELC31 February 17
5:30 pm – 7:00 pm

Cost: \$0

25SELC32 April 7
5:30 pm – 7:00 pm

Cost: \$0

Medicare Workshops

Aging comes naturally. Deciphering Medicare doesn't. This workshop is designed to help you gain knowledge of how Medicare works, what options are available to you and help you make informed decisions. Great for those turning 65 this year, those who have already turned 65 and those how are on or about to be approved for disability.

Instructor: Patricia Gerber

25SELC33 February 4
10:30 am – 12:00 noon

Cost: \$0

25SELC34 March 24
4:30 pm – 6:00 pm

Cost: \$0

25SELC35 April 14
1:00 pm – 2:30 pm

Retirement Planning Today ® (RPT)

Are you between the ages of 50 and 70 and want to learn more about retirement planning? Let former Terra State graduate, Christopher McIntire help you sort through the endless information. This course contains something for everyone. We address financial issues that pertain to self-employed, as well as employees of corporations and government agencies. Designed to teach you how to build wealth and align your money with your values, whether you plan to retire 20 years from now, or have just recently retired. This course isn't trying to sell you a service, it is meant to inform you of your retirement options and how to accomplish your financial goals. *Cost is for you and a spouse/guest and includes one book. **NOTE: To Register for either of these classes, Call 1-866-695-2620.

Instructor: Christopher McIntire, McIntire Retirement Services

25SELC36 Thursday, April 17
6:00 pm – 9:00 pm

Cost: \$49 (not eligible for any discounts)

25SELC37 Thursday, April 24
6:00 pm – 9:00 pm

Cost: \$49 (not eligible for any discounts)

Genealogy: Private Lessons

Lisa will work with you one on one to solve your genealogy problems. She will use family search and other internet websites to help you find the answer to your road blocks. Please contact Lifelong Learning at 419-559-2255 to schedule individual sessions.

Instructor: Lisa Hasselbach

25SELC38 Private Sessions
January – June 2025

Cost: \$15 nonmember/\$10 member

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Registration Form 20

REGISTRATION & PAYMENT

Fill out the registration form completely, including your signature and date at the bottom. Failure to provide all requested information will delay and possibly prevent registration.

Payments: Payment is due at time of registration. You can:

- Mail us check or credit card information
- Call us with credit card information
- Stop in and pay with cash, check, or credit card

Credit Card Payment: We accept Discover, MasterCard, and Visa. Your registration will not be processed without your account number, expiration date, three-digit security code, and signature.

Make checks payable to: Terra State Community College. For expediency, please call 419.559.2255 and confirm the correct amount before sending in a check.

Please Print Clearly

First Name: _____ **Last Name:** _____

Street Address: _____

City: _____ **Zip Code:** _____

Home Phone: _____ **Work Phone:** _____ **Mobile Phone:** _____

Email: _____ **Date of Birth:** ____/____/____

Payment Method: ____ **Cash** ____ **Check** (Make checks payable to: Terra State Community College)

or Charge My: ____ **Visa** ____ **Mastercard** ____ **Discover** **Receive Your Receipt By:** ____ **Mail** ____ **Email**

Card Number: _____ **Exp. Date** ____/____

Signature: _____ **3 Digit Security Code:** _____

CLASS CANCELLATIONS & SUBSTITUTIONS

Terra reserves the right to cancel seminars or trips due to low enrollment or other circumstances that warrant cancellation. Substitutions may be made at any time for an individual registrant. **If cancellations are made by the registrant at least five (5) working days prior to the seminar, fees are fully refundable. After that, no refunds will be made.** If Terra State Community College cancels a class or trip, you may choose to get a refund or apply your payment to another seminar. Registered students who do not attend a class and have not canceled five days or more in advance, will be responsible for the class fees.

WEATHER CANCELLATIONS

Listen to your local radio or TV stations for school closings. Cancellations apply to both credit and non-credit courses on Terra State's Fremont campus and satellite sites.

Class Number	Class Title	Cost
Life Scholars Only	Single membership fee: \$30 full year/ \$15 half year	
Life Scholars Only	Couple membership fee: \$50 full year/ \$25 half year	
*1 discount per Registration		TOTAL \$

Registration is easy! Email: learn@terra.edu • **Phone:** 1-800-826-2431 or 419-559-2255

• **Online:** learn.terra.edu • **Walk-in:** Building B, Kern Center (Room 104)

• **Mail To:** Terra State Community College | Lifelong Learning Center | 2830 Napoleon Road Fremont, OH 43420



The Kern Center

for Workforce and Community Education

Empower your employees and organization through
customized workforce training solutions.

Contact The Kern Center team with your needs today
at 419.559.2464 or Kern@Terra.edu,
or visit us at Terra.edu/Kern!